

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dehenau Anneleen

Coaches: Clark Johan HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M MEDLEY WOMEN 11+ Heat:4, starttime: 14:11

Heat: 4/21 Lane : 5 Athlete: CHRISTIAENS YENNA				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+ Heat:9, starttime: 14:23

Heat: 9/21 Lane : 2 Athlete: DE RIDDER EMMY				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+ Heat:9, starttime: 14:23

Heat: 9/21 Lane : 6 Athlete: BAYENS FEMKE				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

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Event number: 3: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:57
Heat: 5/17 Lane : 4 Athlete: VERNAILLEN SIEBE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 200M BUTTERFLY WOMEN 11+							Heat:2, starttime: 15:25	
Heat: 2/2 Lane : 5 Athlete: DE COOMAN LISELOT							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+					Heat:1, starttime: 15:43
Heat: 1/15 Lane : 2 Athlete: ERVINCKX JULIETTE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+					Heat:1, starttime: 15:43
Heat: 1/15 Lane : 4 Athlete: DE RIDDER EMMY					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Event number: 7: 50M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:44		
Heat: 2/15 Lane : 3 Athlete: CHRISTIAENS YENNA							Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time				SB: no time	
	2 5 M		5 0 M						
PB			no time						
	no time								
									

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+							Heat:3, starttime: 15:45	
Heat: 3/15 Lane : 4 Athlete: BAYENS FEMKE							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+						Heat:2, starttime: 16:10		
Heat: 2/16 Lane : 2 Athlete: DE COOMAN ELIEN						Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+						Heat:4, starttime: 17:24		
Heat: 4/13 Lane : 2 Athlete: VERNAILLEN SIEBE						Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: